



Mid-Hudson Love INC

Love In the Name of Christ

Building Relationships • Restoring Hope • Transforming Lives

Our Mission

To engage local churches
to transform lives
and our community
In the Name of Christ

Redemptive Compassion Core Principles

Everyone has value.

We are called to invest relationally
in each other.

Everyone has capacity and potential.

Mutual participation is important.

We must use wisdom and discernment.

What we do should transform.

Save the Date!

Love INC
Love In the Name
of Christ, Mid-Hudson

12TH ANNUAL COOKIE WALK
SATURDAY, FEBRUARY 8
9:00AM - 2:00PM

Sweets for your Sweetheart!
\$8.00/pound suggested donation
Proceeds support the work of Mid-Hudson Love INC

Receive a bakery box and glove, then walk through rows of tables choosing from hundreds of pounds of delicious, specialty, home-baked cookies

POUGHKEEPSIE UNITED METHODIST CHURCH
2381 New Hackensack Road/Route 376
For More Information Email: info@mhinc.org
or call 845-471-0102
www.Mid-HudsonLoveINC.org



Director's Message

John Marrine, Executive Director

Wow, I can't believe it's the year 2020! We at Mid-Hudson Love INC are excited about the opportunities ahead of us.

My name is John Marrine and I am the recently appointed Executive Director for Mid-Hudson Love INC. I have been associated with Love INC for the past several years delivering furniture, personal care items, and working with the youth during our Hudson Valley Bridge Builders camp week to serve Love INC in various capacities.

The one thing I have been most impressed with through the years is the professionalism and compassion that the staff and volunteers bring to their jobs to satisfy the needs of many in our community. A person who has exemplified this is Carley Andrews, who, after several years is stepping down as Executive Director. Carley's dedication to Love INC, churches and clients has set the example of how we go about addressing needs in the community. Thank you Carley for your service!

I'd also like to thank our countless volunteers who shared their time, treasure, and talents in 2019. You all play a vital role in the transformation of lives in our community. We could not do this without you so thank you! We are looking forward to partnering with you again in 2020 (there is always room for new volunteers).

One of our key initiatives in 2020 will be to build upon the strengthening of our Relational Ministry initiative from last year. A key component to achieving this is our commitment to Redemptive Compassion, which many of you became familiar with last year by studying the associated material. We hope to expand on this through additional small group study sessions hosted by Love INC and churches so stay tuned for these opportunities. You can also become involved through a mentorship component of this ministry. Committed clients who have been engaged with our classes will be offered a mentor to assist the individual with questions and working toward specified goals. If you think that you might be interested in developing one of these special relationships with an individual in need, please attend our January 31 'Coaching Training Session' for more information and guidance. Please feel free to contact me at director@mhinc.org with any questions. We'd love to see you there!

Thanks to all again who have been called to this ministry and have glorified God through their efforts. I'm looking forward to working with you in 2020! - John

Farewell Message • Carley Andrews

I am so excited to see what God is going to do in the ministry of Mid-Hudson Love INC with John as the head, leading with strong vision! I have treasured each moment I have been able to serve this ministry as Executive Director. It was much more than a job but the opportunity to develop wonderful relationships and further discover the passions God has planted inside me. As I enter this new season, I look forward to continuing on as a volunteer for this beautiful ministry as I co-lead Affirming Potential in 2020 and assist with some Relational Ministry responsibilities. There truly is nothing like the Body of Christ coming together as one. I have grown so much from being in each of your churches and hearing the unique ways God has moved in your lives. Doing life and ministry together is what it's all about – it is too sweet to leave behind. Thank you to each person who prayed for me, encouraged me, and served with me these last few years. I love you all. - Carley

Love Stories

Building Hope Class Participants

Participants in the most recent Building Hope 2 class listed the following as the most useful in the class content: learning how to eat healthy, how stress affects nutrition, what foods they should eat less of and the foods they should eat more of, the tips to organize their finances and important documents, the games that teach teamwork, the guide handed out to help budget money, and being able to ask questions in class. One of the participants wanted the class to know that he used the gift card he received in class to buy healthy food. His food purchases included salad, dressing, and orange juice.

Grief & Loss Class Participant

A recent participant in the Grief & Loss class said the following about the class, "It's nice to know that you can say what you want about your grief, it's a comfortable place." She further told us about how she learned that she needs to continue to take care of herself while she is grieving and that she can depend on God to help her through her loss. She also felt support and encouragement through the group discussion time in the sessions. Thanks to the leader of this class for investing herself in these women and for how she points them to God in their loss.

A Client's Improved Life

A client with physical challenges has received much support from the volunteers of Love INC through personal connections with volunteers, personal care deliveries and in classes. She recently shared about classes and what they mean to her, "The classes are wonderful! A friend from one of the classes now comes to church with me. We all need fellowship and I now have connections with people because of these classes. Everyone needs people."

Coaching Training Sessions

Want to help foster transformation in someone's life? Invest in a life by forming a Coaching relationship!

January 31, 2020 • 2:00 - 4:30 pm
St. John's Evangelical Church
55 Wilbur Blvd, Poughkeepsie, NY 12603

Coaches will encourage and instruct individuals in need as they make progress on dreams and make action steps to complete those dreams. Coaches will help individuals work toward a place of greater financial literacy. The relationship a Coach can build with the individual they are matched with will vary depending on their presenting needs. However, the objective of this initial training session is to introduce those interested in Coaching with some of the resources they may use.

Training will be led by:

- Carley Andrews, Love INC Relational Ministry, who will educate participants in the principles of Affirming Potential.
- Steve Jones of Thrivent Financial who will walk us through some great money management tools and resources to be used when working with client matches.
- Jewel Ratzlaff, Love INC Volunteer Coordinator, who will discuss expectations and guidelines of the Coach-Participant relationship.

Contact director@mhinc.org for more info or to register.



"Life without meaning has no hope. Life without hope has no faith. If you find a way to contribute, you will find your meaning, and hope and faith will naturally follow and accompany you into your future." Nick Vujicic

Pledge Form

I pledge to give the following for one year:

- _____ Monthly = _____ Annually
- _____ Monthly = _____ Annually
- _____ One -Time Annual Donation

Additional ways to donate:

- Visit www.Mid-HudsonLoveINC.org to donate online automatically.
- Speak to your bank to set up automatic payments.
- Give anywhere, anytime by texting an amount to 914-303-7773.

Name _____ Phone _____ Email _____

Address _____

City _____ State _____ Zip _____

Make checks Payable to Mid-Hudson Love INC and mail along with this form to:
Mid-Hudson Love INC, P O Box 5216, Poughkeepsie, NY 12602